



Menu

Day	Main	Popular Fare & Vegetarian 1 of each dish daily	Potatoes 2 choices of potatoes daily only serve chipped and roast potatoes once per week minimum.	Vegetables A minimum 3 choices of hot vegetables daily - 1 must be fresh	Sweets 3 Daily Containing fruit base as much as possible with custard sauce PLUS A choice of prepared fresh fruit, fresh fruit salad, melon. Sliced grapes. Yoghurt & biscuit, Cheese & biscuits. Milk	
Monday	Mince & Dumplings	Cowboy Hotpot	Mashed & baby boiled potatoes	Sweetcorn Peas Baked beans	Lemon sponge	Jellies Fresh fruit
	Fish fingers	Quiche				
Tuesday	Chicken Curry & Rice	Tomato pasta	Mashed & baby boiled potatoes	Broccoli Swede Mixed veg	Strawberry sponge	Donuts Fresh fruit
	Hot dog buns	Quiche				
Wednesday	Roast beef & Yorkshire puddings	Pizza slice	Roast & Mashed potatoes	Cabbage Carrots Baked beans	Vanilla marble cake	Apple Crumble Fresh fruit
	Macaroni cheese	Quiche				
Thursday	Spag bolognese	Chicken nuggets	Mashed potato & Wedges	Cauliflower Broccoli Mixed veg	Iced cake	Rice pudding Fresh fruit
	Burger buns	Quiche				
Friday	Battered Fish	Sausages	Chips & Mashed potatoes	Mushy peas Sweetcorn Baked beans	Treacle sponge	Cornflake tart Fresh fruit
	Pizza slice	Macaroni Cheese				

Week 2



Pennyman
Primary Academy



