

# Pennyman Primary Academy Sample School Dinner Menu



## Week 1

Day	Main	Sides		Desert	
Monday	Chicken Curry Roast Gammon Pizza Slice	Salad Bar Mixed Veg Mashed Potato Boiled Potato	Beans Cauliflower Gravy	Steamed Chocolate Pudding Cornflake Tart Custard	Yoghurts Jellies Cheese & Crackers Fruit
Tuesday	Mince & Dumplings Corn Beef Pie Breaded Salmon	Salad Bar Carrots Peas Cabbage	Roast Potato Boiled Potato Gravy	Lemon Sponge Apple Pie Custard	Yoghurts Jellies Cheese & Crackers Fruit
Wednesday	Meat Pudding Cheese Flan Burger Bun	Salad Bar Beans Broccoli	Sweetcorn Jacket Potato Mash Potato Gravy	Bakewell Tart Roly-Poly Custard	Yoghurts Jellies Cheese & Crackers Fruit
Thursday	Roast Turkey Spaghetti Bolognese Fish Fingers Cheese Pasty	Salad Bar Cauliflower Turnip Sweetcorn	Mash Potato Boiled Potato Gravy	Baked Chocolate Cake Doughnuts Custard	Yoghurts Jellies Cheese & Crackers Fruit
Friday	Fish Mince Pie Baked Sausage	Salad Bar Peas Carrots Beans	Chips Boiled Baby Potato Gravy	Iced Sponge Ice Cream Custard	Yoghurts Jellies Cheese & Crackers Fruit

# Pennyman Primary Academy Sample School Dinner Menu



## Week 2

Day	Main	Sides		Desert	
Monday	Turkey Curry Mince Pie Fish Goujons Cheese Flan	Salad Bar Beans Peas Carrots	Mash Potato Boiled Potato Gravy	Chocolate Chip Sponge Macaroon Tart Custard	Yoghurts Jellies Cheese & Crackers Fruit
Tuesday	Lasagne Beef Pudding Cheese Eggs Turkey Drummers	Salad Bar Cabbage Broccoli Sweetcorn	Roast Potato Boiled Potato Gravy	Iced Orange Cake Manchester Tart Custard	Yoghurts Jellies Cheese & Crackers Fruit
Wednesday	Mince Roll Roast Turkey Macaroni Cheese Turkey Parmesans	Salad Bar Spaghetti Hoops Cauliflower Carrots	Jacket Potato Mash Potato Gravy	Jam Sponge Rice Pudding & Shortbread Custard	Yoghurts Jellies Cheese & Crackers Fruit
Thursday	Fish in Batter Roast Pork Baked Sausage	Salad Bar Peas Sweetcorn Turnip	Mash Potato Boiled Potato Gravy	Feather Sponge Apricot Cobbler Custard	Yoghurts Jellies Cheese & Crackers Fruit
Friday	Chicken Breast Shepherd's Pie Turkey Burger Bun Sausage Roll	Salad Bar Beans Mixed Vegetables Cauliflower	Boiled Baby Potato Chips Gravy	Steamed Chocolate Pudding Iced Buns Custard	Yoghurts Jellies Cheese & Crackers Fruit

# Pennyman Primary Academy Sample School Dinner Menu



## Week 3

Day	Main	Sides		Desert	
Monday	Chicken Curry & Rice Mince & Dumplings Hot Dogs	Salad Bar Beans Carrots Swede	Mash Potato Boiled Potato Gravy	Jam & Coconut Sponge Ice Cream Wafers Custard	Yoghurts Jellies Cheese & Crackers Fruit
Tuesday	Roast Turkey Tuna Pasta Pizza Slice	Salad Bar Cauliflower Sweetcorn Cabbage	Roast Potato Boiled Potato Gravy	Baked Chocolate Sponge Manchester Tart Custard	Yoghurts Jellies Cheese & Crackers Fruit
Wednesday	Meat Pie Moussaka Cheese Pasty	Salad Bar Spaghetti Hoops Broccoli Mixed Vegetables	Mash Potato Jacket Potato Gravy	Ginger Sponge Festival Shortcake Custard	Yoghurts Jellies Cheese & Crackers Fruit
Thursday	Pasta Bolognese Chicken Pie Quiche Turkey Drummers	Salad Bar Carrots Sweetcorn Cauliflower	Mash Potato Boiled Potato Gravy	Lemon Sponge Coconut Tart Custard	Yoghurts Jellies Cheese & Crackers Fruit
Friday	Fish in Batter Mince and Yorkshire Puddings Baked Sausage	Salad Bar Peas Broccoli Beans	Boiled Baby Potatoes Chips Gravy	Chocolate Oat Square Marble Sponge Custard	Yoghurts Jellies Cheese & Crackers Fruit

# Pennyman Primary Academy Sample School Dinner Menu



## Week 4

Day	Main	Sides		Desert	
Monday	Meat Pudding Roast Chicken Burger Bun	Salad Bar Beans Cauliflower Mixed Vegetables	Mash Potato Boiled Potato Gravy	Steamed Chocolate Pudding Florence Tart Custard	Yoghurts Jellies Cheese & Crackers Fruit
Tuesday	Curry & Rice Corn Beef Pie Breaded Salmon Cheese Flan	Salad Bar Carrots Peas Cabbage	Roast Potato Boiled Potato Gravy	Coconut Sponge Cornflake Tart Custard	Yoghurts Jellies Cheese & Crackers Fruit
Wednesday	Fish in Batter Mince Roll Macaroni Cheese Roast Gammon	Salad Bar Spaghetti Hoops Broccoli Sweetcorn	Jacket Potato Mash Potato Gravy	Chocolate Drop Cake Apple Crumble Custard	Yoghurts Jellies Cheese & Crackers Fruit
Thursday	Roast Turkey Mince Pie Baked Sausage	Salad Bar Turnip Sweetcorn Cauliflower	Mash Potato Boiled Potato Gravy	Iced Cake Doughnuts Custard	Yoghurts Jellies Cheese & Crackers Fruit
Friday	Spaghetti Bolognese Parmesan Fish Goujons Pizza Wraps	Salad Bar Peas Carrots Beans	Boiled Baby Potatoes Chips Gravy	Baked Chocolate Cake Raspberry Crisp Pie Custard	Yoghurts Jellies Cheese & Crackers Fruit